



COUNSEL

LaRana J. Owens

RICHMOND, VIRGINIA

LOwens@SandsAnderson.com

(804) 783-7250

Practices

Litigation

Government

Industries

Schools & Education

EDUCATION

William & Mary Law School, J.D.

Old Dominion University, B.S., *magna cum laude*

ADMISSIONS

Virginia

For over a decade, LaRana Owens has helped school divisions throughout the Commonwealth of Virginia navigate challenging situations.

LaRana's clients face an array of legal matters, including special education, student discipline, constitutional law, and government investigations. No matter the scenario, LaRana is a calm, determined ally when clients need her most. At Sands Anderson, she is proud to apply her depth of knowledge to the unique scenarios that school divisions face.

LaRana has direct experience representing clients as they address legislation and organizations such as:

- Americans with Disabilities Act
- Equal Employment Opportunity Commission
- Fair Labor Standards Act
- Family and Medical Leave Act
- Human Rights Council
- U.S. Department of Education's Office for Civil Rights
- Virginia Employment Commission
- Virginia Workers' Compensation Commission

Throughout her career, LaRana has helped clients gain clarity and take action as they face legal challenges. She also has experience drafting employment policies and regulations designed to avoid these challenges altogether. A regular presenter at conferences, LaRana is passionate about speaking on legal issues that impact local school boards.

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SPEAKING ENGAGEMENTS

LaRana is a regular conference presenter on legal issues that impact local school boards.

COMMUNITY SERVICE

American Cancer Society

Domestic Violence Project through
Legal Aid

PROFESSIONAL HIGHLIGHTS

- Guided clients through discrimination investigations by the U.S. Department of Education's Office for Civil Rights.
- Counseled a local school board on employment issues, including the Family and Medical Leave Act, the Fair Labor Standards Act, and the Americans with Disabilities Act.
- Represented school boards in proceedings before the Equal Employment Opportunity Commission and the Human Rights Council.

PROFESSIONAL AFFILIATIONS

Virginia Indigent Defense Commission

Virginia Bar Association

National School Boards Association

Virginia School Boards Association, Council of School Attorneys